

LUNCH & LOUNGE

SOUP & SALADS		SMALL PLATES	
		& SHARING	
Soup of the moment \$	9/12	Bread by Le Fournil dfo \$8 artisan bread + house-made compound	
Table Caesar Salad dfo/gfo whole artisan romaine + lemon anchovy vinaigrette + crisp proscuitto + house-made croutons + grana padano cheese	\$15	butter + marinated kalamata olives Wings gf \$21 choice of: hot / korean bbq / chili lime / salt and pepper + fresh vegetables + cilantro lime dip	
Harissa Roasted Carrots dfo/gf carrots + honey + toasted pistachio + raisin + labneh + dill + harissa	\$ 16	Fish and Chips1 pc \$19beer battered Atlantic cod + tartar sauce + cabbage slaw2 pc \$25	
Mountain Power Bowl v/gfo ancient grain blend + kale + roasted vegetables + cabbage + radish + pumpkin seeds + tahini green goddess	\$16	Baked Camembert v \$16 yorkshire pudding + camembert cheese + cranberry conserva	
Grilled Broccolini dfo/gf broccolini + lemon ricotta + chili oil + grana padano cheese	\$16	Brussels + Bacon dfo/gfo \$16 fried brussel sprouts + roasted garlic dressing + bacon + kale + soft boiled egg + grana padano cheese	
HANDHELDS		Mussels dfo/gfo\$19/24beer braised mussels + Canmore BrewingCo. Ten Peaks Pale Ale + shallot + leek +roasted garlic + heirloom tomato + fennel	
Below selections with your choice of house-cut fr chef's soup or green salad. Upgrade to caeser salad or truffle fries \$3	ies /	ADD ON'S	
Table Burger dfo/gfo house ground certified angus beef + brioche bun + chipotle aioli + lettuce + pickle + tomato + onion + smoked cheddar + bacon Chicken Club dfo/gfo grilled chicken breast + bacon + lettuce	\$23 \$20	fries \$6 truffle fries \$7 bacon \$4 chicken \$11	
+ tomato + mayo + naan bread BBQ Jerk Chicken dfo /gf grilled jerk chicken + marinated	\$21	prawns \$10	
coleslaw + cilantro aioli + grilled pineapple + ciabatta bun	\$20	v = vegetarian df = dairy free ve = vegan dfo = dairy free option vo = vegetarian option gf = gluten free gfo = gluten free option gfo = gluten free option PARTIES OF 6 OR MORE WILL BE SUBJECT TO AN AUTOMATIC GRATUITY OF 18%	



BREAKFAST

HEALTH		EGGS	
Parfait gf/v granola + greek yogurt + fresh berries + fruit coulis + honey	\$12	Coast Breakfast gf* / df* two eggs any way + choice of smoked bacon or chicken basil sausage + sourdough toast + grilled tomato + brown butter hash	\$20
Steel Cut Oats vg Organic steel cut oats + fresh berries + maple syrup	\$13	Eggs Benedict v*/gf* choice of traditional, smoked salmon, or tomato , avocado + pesto + hollandaise + brown butter hash	\$18
Avocado Toast v/gf* fresh avocado + sourdough + red radish + soft boiled egg + brown butter hash	\$19	Chorizo Hash chorizo sausage + red onion + pepper + wild mushroom + spinach + poached egg hash brown + hollandaise	\$21 s+
Mushroom Toast gf*/v* sauteed wild mushroom + sourdough + poached egg + brown butter hash	\$15	Shakshuka smoky tomato sauce + sunny side up egg + feta cheese + grilled naan	\$ 18
FROM GRIDDLE		BEVERAGES	
Duck & Waffle sugar waffle + duck confit + wild mushrooms + orange scented hollandaise + brown butter hash	\$21	espresso americano cappuccino latte	\$4 \$5 \$6 \$6
French Toast (Sweet or Savoury) fresh berries + fruit compote + chantilly cream + brown butter hash	\$18	smoothie chocolate milk milk	\$6 \$4 \$4
ham and brie stuffed texas toast + brown butter hash		ADD ON'S	
Buttermilk Pancakes choice of chocolate chip, blueberry or plain + choice of smoked bacon or chicken basil sausage	\$16	one egg, any way grilled tomato brown butter hash sourdough toast	\$3 \$3 \$4 \$4
Feature Omelette ***please ask your server*** sourdough toast + grilled tomato + brown butter hash		sautéed wild mushroom smoked bacon chicken basil sausage	\$4 \$6 \$6
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